

2011 Pre-course Clinical Skills Intensive

July 29 -31, 2011

taught by Julia Graves



Last year's module one covered a vast range of topics during its two weeks, and included an intense clinical training. In order for students who did not attend the module one of the Nature Wisdom Retreat in 2010 to follow this year's teachings, they are required to take this class. It covers the clinical skills that are necessary to understand module two of the Nature Wisdom Retreat. The skills acquired in these 2 ½ days can be deepened and fine tuned during clinic practice in the two weeks course. There is a one day break between the pre-course and the Nature Wisdom

Retreat to allow the big amount of new information to settle, and for the retreat participants to arrive and everyone to settle in. It is possible to attend the pre-course without taking the Nature Wisdom Retreat.

Following the same daily schedule as the two week course, the pre-course consists of 2 ½ days of classes, with a morning, afternoon, and evening session.

Day One covers importance of the elements and their energetic properties with regards to nature, humans, our constitution, disease, and healing plants. We will cover constitution based on the elements in the light of the *doshas*, the Ayurvedic diagnostic system of constitutions. This leads us into the study of the elemental qualities on the tissue level as we study tissue states. That leads into the expression of all the above in the pulse qualities, as we end the day with a class on Chinese pulse reading.

Day Two opens with a class on tongue and face diagnostic, essential in understanding what ails the body on the hidden inside. The afternoon is dedicated to the practice of pulse testing, an method pioneered by Matthew Wood, geared towards determining which of the possible herbs resonates the closest with the body and will bring the strongest healing effect. The evening class is dedicate to the study of the doctrine of signature, an ancient art one could call “face reading of a healing plant”.



Day Three finishes with question and answer, and a presentation of the Southern Blood Types, a medical system originally from Africa, which teaches us to understand the blood as the seat of the Self and endowed with a will and power of it's own, rather than a passive liquid pumped around by the heart. This is of eminent importance in the understanding of treating and healing blood disorders.

This pre-course will give you the necessary understanding and terminology to follow in the organ systems course.



Herbal Education for a Lifetime