

Schedule Second Module 2011– Organ Systems

The course starts with an evening around the fire.

There will be plant study and attunement every morning from 9.30 to 10 am.

Daily schedule:

yoga / tai chi 7.30 to 8 am

breakfast 8 to 9 am

morning class 9.30 to 12.30 pm

lunch 12.30 pm

afternoon class 3 to 5.30 pm

dinner 6 pm

evening class 7 to 9.30 pm

There may be last minute changes to the schedule.

M – taught primarily by Matt

J – taught primarily by Julia

Day number:

1 – J recap: elements, doshas, **tissue states**

- M **skin, fever**, skin as a diagnostic window
- J law of healing, vulneraries, hair and scalp

Prepare flower oil to be used for salve making.

2 – M **nerves**, VATA

- M&J **mind** (herbs for mental states), anxiety, fear
- J concussion, whiplash, head and spine injuries, broken bones

3 – J recap blood types; M **blood, circulation**

- M&J tree walk at Maison de l'Arbre in Chamberet (focus on North American trees)
- free afternoon / evening in the village

4 – *Peter: congealed blood, pain, and blood moving herbs in TCM*

- J tincture making
- M&J **lymph, spleen**, malaria

5 – M **lungs**

- M&J ears, eyes, nose, throat, colds
- clinic: diagnosis of nails, hair, skin

6 – J recap: pulse and pulse testing

- M **heart**
- J flower essence lab (playtime, very healing to the heart)

- 7 – day outing to Lascaux cave in Dordogne with swim
- 8 – Q&A
- J recap: tongue diagnosis; M **stomach, pancreas**
 - *Edwin and Jinpa: African and Carribean Herbalism*
- 9 – M **liver, gallbladder**; J how to do a gallbladder flush
- J&M How to do a client intake
 - M **intestines**
- 10 – J& *Libby & Jinpa* intestinal cleansing, enemas and colonics
- clinic practice
 - off
- 11 – M **kidneys, urinary**
- M **female** according to tissue states (not endocrine)
 - M&J male, breast, sexual function
- 12 – M female – short endocrine overview; Q&A
- J oil and salve making
 - *guest speaker*
- 13 – day outing to Treignac, the lake, and Jardin du Centaure herb farm
- 14 - M&J **musculo-skeletal**, organ zones
- clinic practice and conclusion
 - camp fire