

Here is what participant Swanie Simon has to say:

The Herbal Intensive course in Peyrissaguet, France, taught by Julia Graves and Matthew Wood, was an incredible course in every way. Breathtaking nature with many wild herbs provided a beautiful outdoor classroom and the newly renovated farmhouse made for a cozy and rustical indoor classroom. The word intensive is a bit of an understatement for describing this course, we covered an astounding amount of material in the 10 days we were there. In spite of the overwhelming amount of information, it was a fascinating course from beginning to end. Julia Graves is an exceptional teacher who shares her vast knowledge freely in a well structured and easy to comprehend manner. Her great love of nature and herbs along with her intuitive understanding of the nature and signatures of herbs make for truly inspiring lessons. Matthew Wood, who doesn't really require an introduction adds unique insights, vast clinical information and compelling anecdotes to the classes - one gets the feeling he is describing close friends as he speaks about the herbs. The combination Graves/Wood leads to complete lessons, covering all aspects of herbs, healing, diagnosing and prescribing. It is very difficult to chose a part of the course that I would deem my favorite, as the course works so well because of all of its components. A few highlights were the doctrine of signatures, animal constitutions, pulse diagnosis, facial diagnosis, anthroposophic theory, treatment of blood and I especially liked the plant attunements. But the real highlight for me was how so many things that I had learned theoretically all came together in this course, creating a non-stop aha effect. I have never learned so much in such a short time, with such great teachers and such a fantastic group of students in such a beautiful setting. I wouldn't miss the next courses for anything in the world.

Swanie Simon is a German-American dog trainer and naturopathic doctor for animals. She raises German shepherds and owns a successful herbal pet remedy company. Visit her website at www.barfers.de.